

2017 Embodied Mindfulness Leadership Training Application – Module 1 B

Begins Sunday, January 21, 2018

Name: _____

Email: _____

Address: _____

Phone #: _____

Date of birth: _____

In a separate word doc, please answer the following questions:

Why do you want to take this training? Expectations, desires, motivations...

What experience have you had with Somatic Expression/Jamie McHugh?

Anything else you want to share regarding your participation?

How did you hear about the Embodied Mindfulness Leadership Training?

I understand this Training with Jamie McHugh is educational in nature, and is not a substitute for medical or mental health care.

Signature _____ Date _____

Print Name _____

Return this application to Jamie McHugh, PO Box 367, Gualala, CA 95445 with a check for:

\$550 Early bird rate by December 10; \$600 after

You can also email application and pay through Paypal account – naturebeingart@gmail.com