

**2018 Embodied Mindfulness Leadership Training Application – Module 1 A**

**Begins Wednesday January 10, 2018**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone #: \_\_\_\_\_

Date of birth: \_\_\_\_\_

*In a separate word doc, please answer the following questions:*

Why do you want to take this training? Expectations, desires, motivations...

What experience have you had with Somatic Expression/Jamie McHugh?

Anything else you want to share regarding your participation?

How did you hear about the Embodied Mindfulness Leadership Training?

*I understand this Training with Jamie McHugh is educational in nature, and is not a substitute for medical or mental health care.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Return this application to Jamie McHugh, PO Box 367, Gualala, CA 95445 with a check for:

\$550 Early bird rate by December 1; \$600 after

You can also email application and pay through Paypal account – [naturebeingart@gmail.com](mailto:naturebeingart@gmail.com)